

2023

# ARKANSAS DAIRY FOODS CONTEST







## Arkansas Dairy Foods Contest

P.O. Box 31 | Little Rock, AR 72203

The 66<sup>th</sup> annual Arkansas Dairy Foods Contest will be conducted as an **in-person contest**. This annual event is sponsored during June Dairy Month by Arkansas Farm Bureau and the Arkansas Dairy Cooperative Association.

The contest is divided into two categories: Main Dish and Party Ideas. Each county may enter one recipe in each of the two categories.

Students enrolled in 4-H aged 9-19 or in the 4<sup>th</sup> through 12<sup>th</sup> grades as of Jan. 01, 2023, and living in Arkansas may enter. Home-schooled students may also enter. Entries must be approved by the county dairy committee or by the county Extension agent.

Each contestant must agree to participate in the in-person state cook-off if his or her recipe is selected for the semifinals.

**Local entries must be received for selection of state finalists by May 26, 2023.**

To keep consistent with previous year's rules, limit the work from unprepared product ingredients to final end dish to a span on 3 hours.

# Official 2023 Entry Form - Arkansas State Dairy Foods Contest

PLEASE PRINT ALL INFORMATION CLEARLY

Name: \_\_\_\_\_

Age: \_\_\_\_\_ County: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

**School/Group:** \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

## ***All Questions Should be Answered***

**Name of Recipe:** \_\_\_\_\_

Have you prepared the recipe before? \_\_\_\_\_ If so, for how many people? \_\_\_\_\_

What were some of the groups? \_\_\_\_\_

Source of recipe: \_\_\_\_\_

What changes did you make to recipe? \_\_\_\_\_

## ***Please answer the following with 50 words or less:***

Why I like my recipe: \_\_\_\_\_

Describe the occasion and other menu items you would serve with this recipe: \_\_\_\_\_

## **CERTIFICATION**

(By County Dairy Committee or Extension Agent)

I certify on behalf of \_\_\_\_\_ (contestant) that this is the official entry of  
\_\_\_\_\_ County in the \_\_\_\_\_ Division for the 2023 State Dairy Foods Contest.

Print Name: \_\_\_\_\_ Signed: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Note:** Certification must be completed on entries submitted for the State Dairy Foods Contest.

**Mail Entry to:** Arkansas Farm Bureau Federation, Attn: LaTosha White, PO Box 31, Little Rock, AR 72203.

**Email Entry to:** [latosha.white@arfb.com](mailto:latosha.white@arfb.com)

**DO NOT FORGET: Please attach a copy of your recipe (written or typed) on a single sheet of paper with your name and address at the top. DEADLINE FOR ENTRY IS: May 26, 2023**

# Announcing the 66<sup>th</sup> Annual Arkansas Dairy Foods Contest

## Prizes:

**Local** – Arkansas Farm Bureau will provide two appropriate prizes for county contest winners.

**State** – Cash prizes provided by Arkansas Farm Bureau will be awarded to each of the four finalists in the Main Dish and Party Ideas categories who participate in the state cook-off.

## Cash Prizes in Each Category Are:

First  
Place.....\$150  
Second Place.....\$125  
Third Place.....\$100  
Fourth Place.....\$75

## Local Contest:

Each county is responsible for holding its own Dairy Foods Contest to select county winners in the Main Dish and Party Ideas categories. **The person responsible for conducting the county contest should return the prize request form.** The manner in which the county contest is conducted is left up to the county.

## Things to Do:

Encourage county youth to develop dairy recipes or improve upon existing recipes in the county recipe contest.

## Organizing a Contest:

1. Plan date for contest judging.
2. Publicize contest in newspaper, local radio, social media, schools and 4-H Clubs.
3. Select judge(s).
4. Conduct judging of written recipes or have recipes prepared for judges at a cook-off. Keep in mind, the state contest only allows 3 hours to include preparation to serving the finished dish. Consider adopting the rules from the state contest (see page 5 letter B) for a virtual contest or similar program due to ongoing local social-distancing restrictions.
5. Award recipe winners with specially selected prizes provided by Arkansas Farm Bureau.
6. Submit winning recipe in each category to State Dairy Foods Contest (**Remember – entry deadline is May 26, 2023**).

# Rules for the 2023 Arkansas Dairy Foods Contest

1. The 2023 Arkansas Dairy Foods Contest is sponsored by Arkansas Farm Bureau Federation.
2. The contest will be divided into two categories:
  - A. Party Ideas
  - B. Main Dish
3. Each Arkansas county may enter one recipe in each category; the person entering the recipe must meet the following requirements:
  - A. Students enrolled in 4-H ages 9-19 or in the 4th through the 12th grade of any Arkansas school as of Jan. 01, 2023. Home-schooled students are also eligible to participate.
  - B. Contestants agree to participate in the state cook-off if their recipe is selected for the semifinals.
  - C. They must be certified by the county dairy committee or, in counties with no committee, by the county extension agent. All recipes should be sent to: Arkansas Farm Bureau Federation, LaTosha White, P.O. Box 31, Little Rock, AR 72203-0031. **Recipes must be received no later than May 26, 2023.**
  - D. **Former first place winners in a category are not eligible for competition in that category but may enter the other category.**
4. County winners may be selected in a manner deemed most suitable to each county.
5. The recipe and completed entry form must be received by **May 26, 2023**. The recipe must be written clearly or typed on **ONE SIDE** of a sheet of paper. The name of the recipe, the contestant's name, address and telephone number must be written/typed at the top of the page.
6. Entries will be judged as follows:
  - A. A panel of food authorities will prejudge written recipes and they will select the top four entries in each category using the following standards:
    1. Ready availability of ingredients in food stores.
    2. Clearness and accuracy of the recipes (exactness of measurements, blending and mixing instructions, ingredient list in order of usage, correct temperature and cooking time where needed).
    3. Serving suggestions and other ideas on entry blank. Original ideas for serving and other ideas given on entry blank will receive consideration.
    4. Enhancement of recipe by use of dairy products - Use of pasteurized milk and dairy foods (eggs, margarine, nondairy creamers, and nondairy whipped toppings are **NOT** dairy foods). Look for the "**Real**" seal on dairy packages. The "**Real**" seal is your assurance of a real dairy food.
    5. Degree of Difficulty and Creativity - Technique and creativity involved in production of dish.
  - B. The top four entries in each category will prepare and serve the recipes at the State Contest, **June 19, 2023**, in Little Rock. Contestant must follow the recipe entered in the contest. Each cook-off contestant is responsible for the ingredients and equipment necessary for preparing and serving the recipe, except major appliances, which will be provided.

C. Judging will be done by a panel in accordance with these rules.

D. The top four entries in each category will be announced on or about June 2, 2023. Finalists will be notified of the place and time of the state cook-off.

**Prizes Will be Awarded as Follows:**

**Party Ideas**

First  
Place.....\$150  
Second Place.....\$125  
Third  
Place.....\$100  
Fourth Place.....\$75

**Main Dish**

First Place..... \$150  
Second Place ..... \$125  
Third Place..... \$100  
Fourth Place..... \$75

***All recipes and entries become the property of Arkansas Farm Bureau and may be used by them in any manner. The decision of the judges is final.***

# Arkansas Dairy Foods Score Sheet

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Date: \_\_\_\_\_

Entry No.: \_\_\_\_\_

Judge: \_\_\_\_\_

Taste Comparison: \_\_\_\_\_

Scoring Points	Possible Score	Score
Ready Availability of Ingredients	10	
Clearness and Accuracy of Recipe	10	
Neatness & Tidiness of Work Area	10	
Correct Preparation & Craftsmanship	10	
Presentation & Layout of Dish	10	
Taste	10	
Serving Suggestions and Other Ideas on Entry Blank	10	
Enhancement of Recipe by Use of Dairy Products	20	
Degree of Difficulty & Creativity	10	
Total Score	100	
Bonus: Serving Technique	5	

**General Comments:**



# For County Dairy Foods Contest Prizes

**Please mail or email this page to:**

LaTosha White  
Dairy Foods Contest  
Arkansas Farm Bureau Federation  
P. O. Box 31  
Little Rock, AR 72203

**Voice:** (501) 228-1300

**Email:** [latosha.white@arfb.com](mailto:latosha.white@arfb.com)

\_\_\_\_\_ Yes, my county will conduct a Dairy Foods Contest!  
Please send two county prizes.

**Name:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **County:** \_\_\_\_\_

**ZIP Code:** \_\_\_\_\_ **Signature:** \_\_\_\_\_